

Revealed! The Shocking Truth About Why We're All Becoming Fatter

What Is Really Making Everyone put on weight? It's Time The Truth Came Out.

Since the early 1960s there has been a steady increase in the number of people who have become overweight or obese. Is this an epidemic, a trend or is it all down to a dramatic change in our lifestyles?

Being overweight or obese can affect nearly every part of the human body. It can increase the chances of having a heart attack, a stroke and having high blood pressure. It's a major cause of type 2 diabetes, certain cancers, back and joint pain, osteoarthritis, gallstones, fatty liver, infertility, snoring, depression, difficulty sleeping, excessive sweating and breathlessness.

Is it any wonder then that the slimming and weight loss industry is absolutely huge, and the range of slimming aids and diets are as diverse as the many hundreds of thousands of people who regularly use them.

But, anyone who has tried desperately to lose weight by dieting will know only too well that weight loss diets just don't work. And for many people, the recommended daily vigorous exercise routine is almost an impossibility. So the only other options available for anyone trying to lose those extra pounds are pills and painful surgery.

Well that's not quite true. There now appears to be another option.

Recent research has produced undeniable evidence of a fundamental cause of weight gain and obesity in many people, and surprisingly it has nothing to do with intentional over-eating or lack of exercise.

The famous US practitioner and TV personality, Dr Suzanne Gudakunst claims that in as many as 98% of cases the actual cause of weight gain is due primarily to toxic build-up in the intestines and parasites living within the stomach and parts of the digestive system.

She also reveals that this toxic build-up eventually forms a plaque that coats the interior walls and lining of the colon until the layer is so thick that the body naturally becomes fatter in order to protect itself from absorbing further poisons.

Many people are totally unaware of an array of parasites that can, and very likely are inhabiting their stomachs, intestines and colons. These harmful creatures quite often cause the body to swell up, gain weight and bring about periods of sickness.

With a combination of toxins and parasites, Dr Suzanne Gudakunst paints an altogether unhealthy picture of what could be the most important underlying cause for weight gain ever identified.

Based on her findings, she recommends that anyone who is serious about trying to lose weight should first try to eliminate the possible causes by using her *Top Secret, Fat Loss Secret*.

This is a tried and tested system that she has developed specially to remove all the harmful toxins and rid the body totally of all parasites.

She 100% guarantees that her system works and that it will result in a slimmer, firmer and much healthier body. And her website boasts many testimonials from satisfied "patients".

If losing weight is at the top of your agenda, it might be worth checking out the *Top Secret Fat Loss Secret* before embarking on yet another diet or spending a small fortune on physical exercise equipment.

Bio: