

## **Want To Be Happy & Healthy? Eat Chocolate!**

It's a fact! The majority of people, both male and female like chocolate. Some say they love chocolate, and some say they absolutely crave chocolate. Chocoholics are everywhere and some are very open about their desire for chocolate and yet some are very secretive. Of course we all know only too well about the consequences of eating chocolate... don't we?

Well, perhaps not.

For example, did you know that dark chocolate is better for your health than milk chocolate? It's true! Dark chocolate is rich in antioxidants, but most of the dark chocolate bars you buy from the shops today are laden with fats, sugars and all kinds of preservatives, which are obviously not good for you.

Also, during the processing of commercial dark chocolate, almost all of the beneficial antioxidants are lost, which seems like a complete waste of time and energy producing it at all. But it's not all bad news...

MXI CORP is a company based in the US that manufactures chocolate called XOCAI. This is the dark chocolate that IS high in antioxidants, IS healthy and IS the only real alternative to shop bought chocolate. What makes this really good news is everyone can now enjoy eating chocolate without worrying about putting on weight and without damaging their health.

Recent scientific tests indicate that flavonoids, which are naturally occurring organic compounds and which are contained within XOCAI chocolate, have diverse beneficial biochemical effects. Medical evidence would suggest that flavonoids are also known to reduce the risk of heart disease, are anti-allergic, anti-cancer, anti-inflammatory and anti-viral.

XOCAI chocolate is also safe for the many diabetes sufferers in the US and in the UK, and is highly recommended as an alternative to the more unhealthy milk and plain chocolates found in many high street stores and corner shops.

XOCAI chocolate is now becoming widely available in the UK, and its increasing popularity is spear-heading a huge and thriving business opportunity. Distributors are urgently required from all over the country to help promote the benefits of XOCAI chocolate, which will no doubt also help to create a few big earners in the business, as residual income levels begin to soar.

So, chocolate lovers everywhere can now breathe a big sigh of relief and feel totally liberated. It's time to come out of the closet, discard the feelings of guilt and openly enjoy a delicious, rich dark Belgian chocolate bar that's actually good for you.

Suggested biography:

The author, Diane Spence is a former health technician and is now an established distributor for XOCAI chocolate in the UK. For further information about XOCAI chocolate and its benefits visit: <http://www.yourwebsite.com>