

"After spending just 8 weeks on this natural weight loss plan, my friends could hardly recognise me!"

"How A Natural Herbal Remedy Helped Me Lose An Incredible 45lbs In Just 2 Months!"

You're about to discover a whole "NEW" way to lose weight fast, easily and safely, without having to put yourself through a strict diet or any strenuous exercise routine.

Date Script

Dear Friend,

Want to lose weight the safe, simple and easy way? I personally **guarantee** you **will** lose weight **fast** with my almost "**miraculous**" discovery, and the best part is there's...

- ✓ No dieting
- ✓ No exercising
- ✓ No diet pills
- ✓ No laxatives or appetite suppressants
- ✓ No hypnotherapy and...
- ✓ No surgery

I'm XXX XXXXX, and I can hardly contain my excitement! Why? Because I have discovered, or I should say "re-discovered" a Natural Herbal Remedy that will help you lose all those excess pounds at an absolutely mind-blowing rate. It's true! **And I am living proof!**

Just 2 months ago I weighed in at a hefty 210lbs (95kgs), and now... I weigh just 165lbs (75kgs). That's a loss of **45lbs**... and I didn't have to diet, I didn't have to do any laborious exercises, I didn't have to take any pills, I didn't have any hypnotherapy and I definitely didn't have any surgery.

All I did was mix a few drops of a **herbal extract** with water, then drink it 30 minutes before each meal. I began to notice a big loss in weight after just 14 days. And the best part is, I lost the weight from exactly where I needed to lose it... my stomach!

Look at my photos here...

Photos

Forget About Diets... They Simply Don't Work

For almost 30 years I struggled to keep my weight down, but I just couldn't resist all those sweet pastries and chocolates. I couldn't help myself... I was always eating snacks between meals and I hardly ever did any exercise. The more weight I put on the more depressed I became... so I would then eat even more. I was caught up in a cycle of craving, eating and depression and my general health began to suffer.

So, I tried dieting. I have tried just about every single diet going from the "watercress" diet to the "Atkins" diet to the "vegetarians" diet... and **none of them ever worked.**

The main reason why dieting doesn't work is because it's **unnatural** to change your normal eating habits over an extended period of time. And habits are hard to break because they become part of your everyday lifestyle. So changing something that has become second nature to you **very often results in stress.** And stress, like depression is an underlying factor of over-eating.

I found that when I was dieting I was constantly feeling hungry, and I couldn't concentrate or think clearly because the only thing on my mind was food. **Dieting is a form of self-torture!**

But what I found to be very worrying was that if your body doesn't get the calories it needs, its metabolic rate will slow down in order to expend fewer calories and conserve energy. This in turn, will slow down your body's rate of burning calories.

So rather than losing weight, your body is actually making it **easier to gain weight**.

Plus... if you don't give your body the adequate fuel it needs to function properly, it will eventually start using its own stored supplies. So, instead of burning just body fat, it will also **burn vital muscle tissue**, which is the very thing you absolutely must keep!

So diets are a complete waste of time and could do you more harm than good!

Here's How You Too Can Lose Excess Weight The "Eazy" Way

If you're serious about losing all those excess pounds and you're like I was... desperate to get back in shape, then you can throw away all those "weight-watcher" diet charts, calorie calculators and exercise equipment. You're not going to need any of those traditional fat-busting methods to get the body you want. All you'll need is my specially developed "**XXXXXX Diet Plan**".

What another diet plan?

Well, not exactly... I have documented a very simple formula, which includes the Natural Herbal Remedy, and which will not only ensure that you lose weight, but more importantly... that you never put it back on again. You see, If I just told you what the Natural Herbal Remedy was, you would just go straight out and buy it... then you'll take it without any real plan of action for keeping the weight off. So, when you started putting weight on again... you would say that the remedy didn't work.

I've thought long and hard about this, and I want you to not only see the amazing results over the coming weeks, I want to help you to completely turn your life around... like I have done, and believe me I've never been happier.

So, I've carefully written a complete set of instructions, which you need to follow in order to lose weight at a safe pace, and keep it off. If you simply follow my plan, I can absolutely **guarantee** it will work for you as it has worked for me. And in case you're wondering, it works for both men and women.

In my new book I have also included some vital background information about the Natural Herbal Remedy, which is **essential for your weight loss**, and I've included information about how it actually works on your body. In my simple step

by step guide, you'll also find out where to get the remedy and I'm sure you'll be quite shocked by some of the other things I reveal. I think you'll find my guide absolutely fascinating and at Just \$19.97 it's great value too.

Here's what some of my happy and much thinner customers are saying...

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